

## Secondary Food Support Updates During COVID

Last updated Jan. 12, 2021



Organizations listed in alphabetical order. Any information with a **yellow highlight** indicates needing confirmation.

| Organization        | Address & Contact Info  | Updates   | Last Updated |
|---------------------|---|---|--------------|
| 211                 | Kristen Tomcko<br><a href="#">Facebook</a>  | <ul style="list-style-type: none"> <li>▪ Kristen and Marie are happy to support organizations in ensuring that 211 has their most updated information.</li> <li>▪ Contact <a href="mailto:ktomcko@211north.ca">ktomcko@211north.ca</a></li> </ul>   | Dec 2020     |
| Anishnawbe Mushkiki | 1260 Golf Links Road, 3 <sup>rd</sup> Floor<br>(807) 623 0383<br><a href="#">Website</a>  | <ul style="list-style-type: none"> <li>▪ Anishnawbe Mushkiki provides culturally appropriate primary health care through their Aboriginal Health Access Centre.</li> <li>▪ Offering weekly food resource boxes to clients who express a need. Call the main number.</li> </ul>  | Dec 2020     |
| Beendigen           | Currently only virtual<br><b>(807) 344 9579</b><br><a href="#">Website</a><br><a href="#">Facebook/Instagram/Twitter</a>                    | <ul style="list-style-type: none"> <li>▪ Gift cards for food are available for members and the wider community as needed. Call Maija @ 632 7899 to access.</li> <li>▪ Beendigen has an excellent <b>resource on program supports</b> throughout the City, if any orgs are looking for particular information.                             <ul style="list-style-type: none"> <li>○ Contact Maija @ 632 7899 for more information</li> </ul> </li> </ul>   | Dec 2020     |
| Boys & Girls Club   | 270 Windsor Street<br>(807) 623 0354<br><br>420 Vale Avenue<br><b>Number (?)</b><br><br><a href="#">Website</a><br><a href="#">Facebook</a> | <ul style="list-style-type: none"> <li>▪ Windsor Location                             <ul style="list-style-type: none"> <li>○ Offering healthy after school snacks every day during programming to members.</li> <li>○ Kids Food Nation cooking class – new cohort starting in January</li> </ul> </li> <li>▪ Vale Location                             <ul style="list-style-type: none"> <li>○ Offering healthy after school snacks Tuesday – Thursday during programming to members.</li> <li>○ Back-pack program beginning in the new year.</li> <li>○ Virtual Bites Cooking Class (via Zoom) – 5 spots reserved for Vale members; 10 other spots open to children and youth across the city.</li> </ul> </li> </ul> | Dec 2020     |

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| CMHA (New Foundations Program)     | 200 Van Norman St<br>(807) 345 5564<br><a href="#">Website</a> / <a href="#">Facebook</a> / <a href="#">Twitter</a>                                     | <ul style="list-style-type: none"> <li>▪ Currently closed for face-to-face interactions with clients until Jan. 11<sup>th</sup>; no weekly provided at this time.</li> </ul>  | Dec 2020 |
| Dew Drop Inn                       | 286 Red River Road<br>(807) 345 0481<br><a href="#">Website</a>   | <ul style="list-style-type: none"> <li>▪ Meals offered daily with extended hours:                             <ul style="list-style-type: none"> <li>○ 9:00am – 3:30pm – Take-home cold lunch</li> <li>○ 12:00pm – 3:30pm – Take-home Hot meal</li> </ul> </li> <li>▪ Every Wednesday @ 12:30pm, first come first serve pick up of seniors' hampers (60 available each week), supported by Roots to Harvest.</li> </ul> | Jan 2021 |
| Elevate NWO                        | 106 Cumberland St. N, #102<br>(807) 345 1516<br><a href="#">Website</a> / <a href="#">Twitter</a> / <a href="#">Facebook</a>                            | <ul style="list-style-type: none"> <li>▪ Available to individuals who have been active with Elevate NWO in the last 6 months.</li> <li>▪ Every Wednesday, food hamper deliveries are available, and a few in-person pick-ups at the agency (by appointment).</li> <li>▪ Agency is closed to members until further direction.</li> </ul>   | Jan 2021 |
| Elizabeth Fry Society              | 210 – 212 Miles Street E<br>(807) 623 1319<br><a href="#">Website</a><br><a href="#">Facebook</a> / <a href="#">Instagram</a> / <a href="#">Twitter</a> | <ul style="list-style-type: none"> <li>▪ Once a month preparing 75 ready-to-eat food bags for women connected to the Elizabeth Fry Society.</li> <li>▪ Pick-up rotates between north &amp; south, delivery is an option.</li> <li>▪ Call for specific pick-up information.</li> </ul>   | Jan 2021 |
| Get Out of the Cold Initiative     |   | <ul style="list-style-type: none"> <li>▪ PACE and Grace Place to set up a warm shelter for people to get out of the cold</li> <li>▪ Will have lists of organizations opening their doors for people to come inside during the day.</li> <li>▪ <b>More information to come.</b></li> </ul>   | Jan 2021 |
| NWO Women's Centre / Good Food Box | 73 Cumberland St N.<br>(807) 345 7802<br><a href="#">Website</a>  | <ul style="list-style-type: none"> <li>▪ The Good Food Box is a fruit &amp; vegetable distribution program that aims to improve access to good food for those on low or fixed income by making quality, fresh produce available at low cost in neighbourhoods across the city.</li> </ul>   | Jan 2021 |

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|  |   | <ul style="list-style-type: none"> <li>▪ If you are interested in ordering a Good Food Box:               <ul style="list-style-type: none"> <li>○ Find a Host Site (general public or client specific, see website or call)</li> <li>○ Submit Payment (\$22) to your host site before the deadline</li> <li>○ Pick up your box from your host site on the date listed!</li> </ul> </li> <li>▪ Order Deadlines &amp; Pick-up Dates for early 2021:               <ul style="list-style-type: none"> <li>○ JANUARY – Order by 11<sup>th</sup>, Pick up 20<sup>th</sup></li> <li>○ FEBRUARY – Order by 8<sup>th</sup>, Pick up 17<sup>th</sup></li> <li>○ MARCH – Order by 15<sup>th</sup>, Pick up 24<sup>th</sup></li> </ul> </li> <li>▪ These details could change at any point during these uncertain times.</li> </ul> |          |
| Matawa First Nations Management                            | <p><b>Contact Info?</b></p> <p><a href="#">Website</a></p> <p><a href="#">Twitter</a></p>                                       | <ul style="list-style-type: none"> <li>▪ Matawa has started a Food Security Committee consisting of five departments to ensure greater collaboration in our organization.</li> <li>▪ Two of their communities currently have outbreaks; Matawa will be delivering hampers to those communities.</li> </ul>  | Jan 2021 |
| Northern Ontario Indigenous Food Sovereignty Collaboration | <p>Jessica McLaughlin</p> <p><a href="mailto:jessica@collectivefuture.ca">jessica@collectivefuture.ca</a></p>                   | <ul style="list-style-type: none"> <li>▪ In 2021 will have household grants available (\$1,000 - \$2,000) to support Indigenous families in urban, rural, or remote settings in accessing financial support for the purchase of items to increase household level food security and food sovereignty (ie. towards hunting, fishing, growing, freezers, fridges, etc.)</li> </ul>  | Dec 2020 |
| NorWest Community Health Centres                           | <p>525 Simpson Street</p> <p>(807) 622 8235</p> <p><a href="#">Website</a></p> <p><a href="#">Facebook/YouTube/LinkedIn</a></p> | <ul style="list-style-type: none"> <li>▪ Emergency food boxes are available for clients as needed.</li> <li>▪ In partnership with the ThunderBird Friendship Centre in Geraldton, emergency assistance is provided to some families experiencing food insecurity.</li> <li>▪ In partnership with the Superior Greenstone Association of Community Living, persons with disabilities or living in supportive housing are provided with a food package.</li> <li>▪ Call for more information.</li> </ul>  | Jan 2021 |
| Ontario Aboriginal   | <p>29 Royston Court</p> <p>(807) 343 4843</p>   | <ul style="list-style-type: none"> <li>▪ OAHAS supports newly diagnosed community members with food, warm winter gear, tents, grocery bags, and gift cards.</li> </ul>  | Dec 2020 |

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| HIV/AIDS Strategy (OAHAS)                               | <a href="#">Website</a>   | <ul style="list-style-type: none"> <li>▪ On-the-go snacks are available at their office.</li> <li>▪ Able to provide food as needed to homeless &amp; housed members.</li> </ul>   |          |
| Our Kids Count  | <p>704 McKenzie Street<br/>(807) 623 0292</p> <p>Emergency Food Cupboard<br/>704 McKenzie Street<br/>288 Windsor Street, # 16</p> <p><a href="#">Website</a><br/><a href="#">Facebook</a>/<a href="#">Twitter</a>/<a href="#">Pinterest</a></p> | <ul style="list-style-type: none"> <li>▪ OKC is a community-based organization focused on building stronger families and inclusive communities, with a focus on families, children under 6, and youth.</li> <li>▪ Throughout COVID, OKC is continuing to offer virtual programs, including cooking programs that come with delivery of ingredients needed.</li> <li>▪ Emergency Food Cupboard                             <ul style="list-style-type: none"> <li>○ Every Friday from 1 – 4pm at both locations.</li> <li>○ Families can access two days worth of food, depending on the number of people in their family.</li> </ul> </li> </ul>  | Dec 2020 |
| People Advocating for Change through Empowerment (PACE) | <p>510 Victoria Ave E.<br/>(807) 343 4760</p> <p><a href="#">Website</a></p>  | <ul style="list-style-type: none"> <li>▪ Offers hampers to clients bi-weekly, no registration needed.</li> </ul>  | Dec 2020 |
| Red Cross   | <p>Daniel Hobbs<br/><a href="mailto:Daniel.hobbs@redcross.ca">Daniel.hobbs@redcross.ca</a></p>  | <ul style="list-style-type: none"> <li>▪ Student Nutrition Program                             <ul style="list-style-type: none"> <li>○ Continuing to support and fund student nutrition programs in 70% of schools; includes breakfast and snack programs – pending capacity at each school.</li> </ul> </li> <li>▪ Online Learner Student Nutrition Bags are running weekly.                             <ul style="list-style-type: none"> <li>○ 100 bags given out each week; continues to be fluid process as they figure out the best way to reach online learners</li> <li>○ Delivery locations for Thursday Jan. 14<sup>th</sup> are Our Lady of Loretto Church, Oliver Road Community Centre, Evergreen community hub, and St. Agnes church from 3:00 – 4:30pm.</li> </ul> </li> </ul> | Jan 2021 |

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| <p>RFDA</p>             | <p>570 Syndicate Ave. S<br/>(807) 622 7440</p> <p><a href="#">Website</a><br/><a href="#">Facebook</a>/<a href="#">Twitter</a></p>  | <ul style="list-style-type: none"> <li>▪ A “food bank for food banks”, the RFDA is the designated hub for charitable food distribution nationally (Food Banks Canada) and provincially (Ontario Association of Food Banks).</li> <li>▪ Currently provides member agency food banks with monthly emergency hampers of 3 – 5 days worth of food.</li> <li>▪ Currently offering delivery of emergency hampers targeting seniors and those with mobility or health issues (including people isolating due to COVID-19) through calls received via 211 or TBDHU nurses.</li> </ul>   | <p>Jan 2021</p> |
| <p>Roots to Harvest</p> | <p>450 Fort William Road<br/>(807) 285 0189</p> <p><a href="#">Website</a><br/><a href="#">Facebook</a>/<a href="#">Twitter</a><br/><a href="#">Instagram</a>/<a href="#">YouTube</a></p> | <ul style="list-style-type: none"> <li>▪ Community Food Market @ Limbrick on Tuesday’s from 1 – 4pm             <ul style="list-style-type: none"> <li>○ Anyone is welcome to stop by the Community Food Market to purchase fruits and vegetables at wholesale cost</li> </ul> </li> <li>▪ Partnering with Red Cross to provide food packages for remote learners on Thursdays from 3:00 – 4:30pm (see Red Cross).</li> <li>▪ Supporting newcomers to access culturally appropriate food;             <ul style="list-style-type: none"> <li>○ Monthly food hampers for Arabic families available via word of mouth.</li> <li>○ R2H continuing to work towards supporting newcomer families with accessing culturally appropriate food, has translated material for newcomers relating to food support, and is happy to share with other organizations.</li> <li>○ Contact Airin Stephens – <a href="mailto:airin@rootstoharvest.org">airin@rootstoharvest.org</a></li> </ul> </li> <li>▪ R2H continues to support other organizations in putting together hampers for specific populations (Dew Drop Inn, Indigenous Friendship Centre, Elizabeth Fry).</li> <li>▪ Beginning a 6-month dignified food access project – collecting information within the community from an organizational perspective and from a recipient perspective to develop a community philosophy for food access.</li> </ul> | <p>Jan 2021</p> |

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| <p>Shelter House</p>                                       | <p>420 George Street<br/>(807) 623 8182</p> <p>S.O.S Mobile Unit<br/>(807) 620 7678</p> <p><a href="#">Website</a><br/><a href="#">Facebook</a>/<a href="#">Twitter</a>/<a href="#">Instagram</a></p> | <ul style="list-style-type: none"> <li>▪ Serves breakfast, lunch, and dinner to clients.</li> <li>▪ Take-out lunch and dinner to the public by take out containers.             <ul style="list-style-type: none"> <li>○ Lunch: 1:30 – 2:30pm</li> <li>○ Dinner: 7:00 – 8:00pm</li> </ul> </li> <li>▪ The S.O.S Team (Street Outreach Service) is a highly trained, skilled team of compassionate people out on the road every day offering their services to homeless, intoxicated and high-risk people in our community.             <ul style="list-style-type: none"> <li>○ Teams are on-call daily from 2pm – 2am.</li> </ul> </li> </ul> | <p>Jan 2021</p> |
| <p>Shkoday<br/>Abinojiiwack<br/>Obimiwedoon</p>            | <p>1610 John Street Road<br/>(807) 768 2342</p> <p><a href="#">Website</a><br/><a href="#">Facebook</a></p>   | <ul style="list-style-type: none"> <li>▪ Shkoday is a community-based organization helping Indigenous children create a brighter future.</li> <li>▪ Provide lunch and snacks to children attending:             <ul style="list-style-type: none"> <li>○ Aboriginal Head Start &amp; Child Care Programs @ Shkoday</li> <li>○ Biwaase'aa Program @ 8 schools</li> </ul> </li> <li>▪ When funds permit, offer gift cards or food from their kitchen to parents/caregivers of participants in need.</li> </ul>   | <p>Dec 2020</p> |
| <p>Student Union<br/>Confederation<br/>College (SUCCI)</p> | <p>1450 Nakina Drive,<br/>Balmoral Entrance<br/>(807) 475 6226</p> <p><a href="#">Website</a><br/><a href="#">Register online here</a></p>  | <ul style="list-style-type: none"> <li>▪ SUCCI offers a food Curb Side Pickup for students of Confederation College which provides a bag of non-perishable food items.</li> <li>▪ This is available Monday to Friday from 11 till 4 and when a student arrives at the door, they can call our number 465-6226 and someone will meet them outside of the door.</li> </ul>   | <p>Dec 2020</p> |
| <p>Thunder Bay<br/>District Health<br/>Unit</p>            | <p>Main Contact – Ivan Ho<br/><a href="mailto:ivan.ho@tbdhu.com">ivan.ho@tbdhu.com</a></p> <p>Northern Fruit &amp; Vegetable<br/>Program Contact – Victoria<br/>Pullia</p>                            | <ul style="list-style-type: none"> <li>▪ COVID information pamphlets available for orgs             <ul style="list-style-type: none"> <li>○ Email Ivan -- <a href="mailto:ivan.ho@tbdhu.com">ivan.ho@tbdhu.com</a> -- with your organization, delivery address, and number of reoccurring handouts you would like.</li> <li>○ Contact TBDHU for information about “essential services.”</li> </ul> </li> <li>▪ Northern Fruit &amp; Vegetable Program</li> </ul>  | <p>Jan 2021</p> |

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|  | <p><a href="mailto:victoria.pullia@tbdhu.com">victoria.pullia@tbdhu.com</a></p> <p>999 Balmoral St.<br/>(807) 625 5900</p> <p><a href="#">Website</a><br/><a href="#">Facebook/Twitter/Instagram</a><br/><a href="#">YouTube</a></p> | <ul style="list-style-type: none"> <li>○ This program previously funded schools in Northern Ontario (including Thunder Bay) to provide fresh fruits/veg to students</li> <li>○ Since COVID-19, program has been expanded to provide to remote Indigenous schools, home-schooled students, and student's families, as well as supporting local community organizations that have food programs.</li> <li>○ The program will officially restart in January. Contact if you are interested in more info or potential for collaboration.</li> </ul> |          |
| Thunder Bay District Social Services Board (TBDSSAB) | <p><b>Contact Info</b></p> <p><a href="#">Website</a><br/><a href="#">Twitter/Facebook/Instagram</a></p>   | <ul style="list-style-type: none"> <li>▪ TBDSSAB Housing is still supporting tenants with the Good Food Box and safe deliveries - giving tenants PPE etc.</li> <li>▪ Paying for 66 cell phones until end of Mar/21 for tenants and clients to reach food security resources</li> <li>▪ <a href="#">CHPI Food Security Fund website</a></li> </ul>   | Jan 2021 |
| Thunder Bay Indigenous Friendship Centre             | <p>401 Cumberland St. N.<br/>(807) 345 5840</p> <p><a href="#">Website</a><br/><a href="#">Facebook</a></p>  | <ul style="list-style-type: none"> <li>▪ Once a month pick up of food hampers for elders registered with TBIFC, supported by Roots to Harvest.</li> <li>▪ Offer a food bank the third Tuesday of every month from 1:30 – 3:30 by appointment only. Call the office.</li> </ul>  | Jan 2021 |
| Wequedong Lodge                                      | <p>435 Balmoral Street<br/>(807) 623 1432</p> <p><a href="#">Website</a></p>   | <ul style="list-style-type: none"> <li>▪ Wequedong Lodge is a boarding home facility that provides support services and accommodations to First Nations, Metis and Inuit accessing health care services in Thunder Bay.</li> <li>▪ Wequedong provides daily meals to all of their clients, both those in the Lodge and staying in hotels.</li> </ul>  | Dec 2020 |
| Youth Inclusion Program                              | <p>(807) 632 8038</p> <p><a href="#">Website</a><br/><a href="#">Facebook/Instagram</a></p>  | <ul style="list-style-type: none"> <li>▪ Weekly programming in three priority neighbourhoods that include on-site snacks, and food packages to take home</li> <li>▪ Program navigators provide emergency food service and connection to referred clients on a case-by-case basis</li> <li>▪ Contact Kaitlin Prezio, Program Manager <a href="mailto:Kaitlin.prezio@thunderbay.ca">Kaitlin.prezio@thunderbay.ca</a></li> </ul>   | Jan 2021 |

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